

# Using Behavior Management to Reduce Restraints



**WebEx/Teleconference**

**November 11, 2009**

**1:30 - 2:30 p.m.**

**Teleconference: 1.866.551.3680 7225948#**

**Guest Speaker: Kay Lynne Ege, BS, ACC, CMC**

Kay Lynne Ege has worked in long term care since 1985. Her experience encompasses social services, activities, quality assurance / quality improvement, assessment and care planning, family support, team building, marketing and management. Since founding GOOD NEWS CONSULTING, Inc. in 1998, Kay Lynne has provided person-centered dementia care expertise to corporate long term care providers on a wide range of assisted living and nursing home projects

**Objectives**

- Review the federal regulations for restraints (F tag 221, 222) and staff treatment of residents (F tag 226).
- Identify the meaning of typical behavioral symptoms.
- Apply behavior management interventions that will prevent restraint use, abuse, neglect, and mistreatment.

# Using Behavior Management to Reduce Restraints

Please follow these instructions to join the event:

- 1) Click on or go to <https://ifmcevents.webex.com>
- 2) Locate your event.
- 3) Click on the *Join Now* link to the right of the event, or click on the name of the event.
- 4) Enter your name and e-mail address.
- 5) Enter the event password: **restraints**
- 6) Click on *Join*.
- 7) Call in to the teleconference number for the audio portion.

Please join us 15 minutes prior to the presentation to ensure the automatic system set-up has been properly established.

**Accreditation:** This program is approved for 1.25 contact hours by Quality Insights of Pennsylvania, an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 200-3-E-06.

**Audience:** This course is designated for nurses and other health care providers. Continuing education certificates are provided to all participants who listen to the webinar, successfully complete the post-test and evaluate the program.

**Conflict of Interest:** There is no conflict of interest on the part of the presenter/speaker or any member associated with planning, development or evaluation of this webinar.

Please contact Lisa Miller at 1.877.346.6180, ext. 7690, or [lmiller@paqio.sdps.org](mailto:lmiller@paqio.sdps.org) with questions.

